



## **Dr. Debbie Farr's Forty-Second Elevator Speech**

**I work as a parenting expert & consultant and am a parent educator. My slogan is “being proactive today helps prevent bigger problems tomorrow.” So, to that end, I work with families individually and in groups to get over the bumps of child-rearing, which ultimately helps prevent mountains.**

**I also offer trainings to teachers and childcare staff and present on various parent & child related topics at conferences. I also offer employee assistance programs to businesses.**

**Most of us “uploaded” child-rearing techniques from our own parents and/or teachers but some of those techniques may no longer be best practice. My goal is to make sure what we now “download” to our children is healthy, effective, respectful, encouraging and research-based.**